

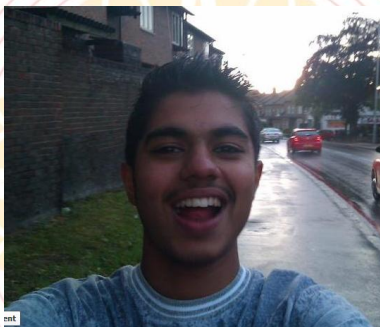


# **International Baccalaureate**

## **Diploma Programme**

**CHOITHRAM INTERNATIONAL**

# **CAS Portfolio**



**Candidate Name: Hemant Pankaj Pandit**

**Candidate Number: 002328 007**

**CAS Advisor: Mr. Sumeet Dube, Mr. Ravi Singh, Ms. Garima Tiwari**

**CAS Coordinator: Ms. Garima Tiwari**

**Session: 2012 May**

**Background Information:**

Forename: Hemant Pankaj

Surname: Pandit

Fathers Name: Pankaj Pandit

Mothers Name: Rekha Pandit

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**Hobbies and Interests:**

Singing: I have been learning Indian classical singing for about 5 years, which gives me a strong understanding of tunes and notes.

Tabla (Indian Drums): 2 Years of table at Gandharva. I have basic understanding of rhythm.

Table tennis: Play for recreation

Snooker/Pool: Play for recreation



**My CAS PLANNING FORM**

Name PANDIT, HEMANT PANKAJ

SCHOOL CODE: 002328007

CAS COORDINATOR'S NAME: Ms. Garima Tiwari

DATE: 11 August 2010

Please list your planned CAS activities at this point. This form simply gives us an idea of your plans for your CAS career.

**Creativity (Planned activities and brief description of each):**

I want to learn how to play the guitar, I've planned to start off with watching videos from the internet. Technology has come so far, I think it will benefit me a lot. Also a new teacher is to join the school, so I plan to see him at least once a week. If I develop my skills I will plan a gig, at some restaurant or club. I wish to be able to play basic chords initially then want to learn lead!

**Action (Planned activities and brief description of each):**

I've been watching tennis since I was 10, and now I am finally getting to learn. I plan to have sessions with my friend, Devansh, once a week for 2-3 hours. Once we get a teacher in the school, I will play with him for 2-3 hours a week too. I plan to work on my forehand to start off with and hope to start working on my serve after another 10 sessions.

**Service (Planned activities and brief description of each):**

The school has introduced me and my friends to Aarambh, destitute centre. I plan to teach just one student so I can focus on his progress. I hope to teach him pronunciation of alphabets in English. I also plan to teach him basic arithmetic so that he can deal with money matters in the future if he has to and can be independent. I also wish to get involved in short term service activities such as food making and distribution and giving company to senior people.



## **Creativity:**

**Proposal:** To learn how to play a string instrument, the guitar. I want to be able to play basic chords so that these skills could compliment my singing that I am also training for. I propose to do it regularly on a weekly basis for 2-3 hours. My adviser would be Mr. Ravi, the guitar teacher in school.

**Targeted Learning Outcomes:** To increase my awareness of my strengths and areas for growth & show perseverance and commitment in my activities

### **September 2010- January 2012**

The progress I have made is just amazing, I myself cannot believe how much my guitar skills have developed. And I feel I have also gained various other inter and intra personal skills.

I have divided the 1.5 years into different time periods, from which my gradual understanding and development can be seen. **These journals were written at the time.**

### **September- October 2010:**

I have a great interest in guitar. I don't have one yet so I borrowed one from a friend. I looked up some videos on YouTube and learned some basic things, such as **chords**. We don't have a teacher yet so in the allotted time in school I sit on my own and learn from the internet.

The internet classes are amazing and I feel that I am really learning. I can really see my hand, '**loosening up**'. Currently I am the only one playing, but to my surprise, I do not get bored even though I am on my own most of the time while I am playing. I get into the music, its true music really touches the soul. My fingers have gotten cut and are getting hard, but I don't mind! I really love playing and some small bruises do not stop me from doing something I love.

My friend's guitar is like the best thing that has happened to me, I am playing much more than I thought I would. Once I start I don't get up for a few hours. I am really determined towards this and believe that I will be playing great soon.

I have just about figured out how to play the **initial piece of secrets**, by One republic.

**October 2010 to February 2011:**

This period has been great for me, I have made great progress. I can play all basic chords, which include **Am, A, G, C, Gm, D, E, Em, F, F7**, however the B chord is a bit hard and will take time to get used to. It does get quite frustrating when I can't shift between chords like the professionals do. But instead of getting discouraged, I try even harder and practice more! I must extend my thanks to my guide Mr. Ravi for helping me with my strumming. He motivates me whenever I feel discouraged.

I believe that this instrument has taught me the true **meaning of patience**.

My father has appreciated my interest in the art and bought me a guitar. I made a friend who is also as keen and dedicated as me towards the guitar and we work together on songs. I believe working with my friend has developed **my interpersonal skills such as time management and co ordination**.



In February, We performed for the first time as a band and did a great job. We did 10 songs in a medley. I have even uploaded a personal video on Youtube!

[http://www.youtube.com/watch?v=40xumC\\_Qg0w](http://www.youtube.com/watch?v=40xumC_Qg0w)

This was the first time I realised how much work goes into making a performance. And 10 songs was not an easy task. However I am very happy with the way we performed and have taken both, positive and negative feedback from the audience, onboard.

**February to April 2011:**

It has been hard to keep up with the music because of all the other schoolwork, but I think, one must have a **balance** of all things in their life. I have kept my practice on, despite the time constraints. This has really taught me how to **balance out my activities and manage time**.

It is also the first time we were offered a slot in a function. We presented in the PYP graduation ceremony and the parents really liked it.

<http://www.youtube.com/watch?v=IUdetW00RuM>

**July 2011- September 2011:**

One is not a musician, until he writes his own music. Me (singing and guitar),



Govinda(guitar) and Roshan(Drums) have created our own band, Carpe Diem. I am very proud to say that we created our **first song**, 'Dreams come true' and we presented it in



the investiture ceremony. A lot of blood, sweat and tears have gone into making this song. All those hours after school, All those late nights just humming tunes, carrying my guitar to school in the rain. God it has been a roller coaster but I am happy with the end result.

We had a great response and are looking forward to recording our song. This is exciting, who knew when I was starting DP that a year down the line I will have a song ready for recording. I feel very proud of my achievement.

Other than my musical endeavours I was the editor of the DP newsletter and it was quite an experience. I learnt how hard it is to get information from different sources, the newsletter was a piece of my imagination. Funnily I made a journal, but with some help I was able to develop the newsletter. I designed the format and the banners. I put the whole thing together with a nice editorial. I learnt how to **gather information from various sources** and also a lot of **Presentation, formatting on the computer**. The newsletter is a great way to express ones imagination and creativity.

### **September 2011 to January 2012:**

Recording the song sounded great and merry at first but I did not realise the amount of work that would go into it. Recording a 3 minute song takes much-much longer that one would expect.

I lived the studio life of a musician. From finding the studio, to negotiating the price, to recording, mixing, editing, I was involved everywhere. For the first time I face the real world as a musician, compared to my comparatively tiny endeavors at school. This really taught me how to **interact with people**.

I must tell you one thing. Recording is **HARD** work. The first day, we started recording at 3 in the afternoon and finished at 11 in night. I have really gained a whole new set of skills, including how to record taking **DTs, working on the metronome, and various other skills**.

The song is ready and we look forward to uploading it. I am astonished with my progress, and never in a million years would have expected to have my own recorded song today!

## **Action**

**Proposal:** I wish to learn how to play tennis as my long term activity. Watching Wimbledon on TV has inspired me to learn how to play this beautiful sport.

I propose to have 2 hrs a week on a Saturday, with my tennis coach, Mr. Sumit Dubey.

**Targeted Learning Outcomes: develop new skills**

I have divided the 1.5 years into different time periods, from which my gradual understanding and development can be seen. **These journals were written at the time.**

### **September 2010- October 2010:**

My chosen subject for action is the sport of Tennis, I don't have a coach but have a keen interest in the game. I try and learn techniques from the internet but it's hard. Its very easy to lose temperament. But I have been told that games are won and lost on the basis of temperament. I wish to be able to lose this immaturity and learn how to play with grace and finesse. In the time allotted for tennis I play with my classmate Devansh. He is very good and gives me tips. But I have made some **progress on my forehand**.

#### **October 2010- February 2011:**

I have got a coach, Mr Dubey and he seems great, and am making great progress. I can hit a **forehand and am learning the basics of a serve**. There is a lot of practice involved. I do the best I can. I have been watching my **fitness**. As I have learnt that fitness is an essential part of the game. It is actually more important to stretch and jog than, hitting balls on the court. I have learnt the importance of **being patient**. Since this is not a game that is taught and learnt in a day. Regularity is key and I am trying my best to do as much as I can. I haven't even learnt how to serve, but this game has **already taught me, time management and punctuality**. My interest in the sport has deepened. I wish to carry on, and am very happy that I am able to fulfill one of my favorite hobbies



#### **February 2011- April 2011**

I have really seen some improvement. I have started to hit my **backhand**. My **serve has become consistent**. I'm really enjoying the game. I have become much more fit now. Hope to master my top spin. I have also learnt how to **balance out tennis and studies**.



Both are very important, but it is important to organize a timetable and delegate time to the activities one is about to pursue.



#### July-September 2011:

After the holidays, I can see a great improvement in my game. All thanks to my coach. We have trained hard and will train harder further ahead. I am hoping to improve my game so that I go to TAISI. I participated in a tournament in the Emerald Heights International School, I lost my draw but it was a good experience. My **intrapersonal skills** have really developed. **Composure and attitude** are the key for an athlete's success. The nerve wrecking game **taught me the importance of staying calm and keeping in the right frame of mind**. I do not mind losing because I learnt tremendously out of the experience.

#### September 2011- January 2012

I am preparing hard for the TAISI tournament. I have started going to the tennis academy since they have synthetic courts compared to the concrete courts at school. But disaster struck, my racquet cracked. That Dunlop x fire served me well however it died. I'm so





grateful to my parents to buy me the Wilson K factor. This racquet is much lighter and maneuverable however doesn't reduce power because of its 100 inch head size. I have learnt a lot about this game **technically and practically** and have developed a passion for it.

Due to examinations I am not going to the TAISI tournament but that does not make me less **passionate** about my sport.

## CAS Service Reflection

**Proposal: To go to the destitute centre Aarambh and teach a student (buddy), every Saturday for 2 hours.**

I have divided the 1.5 years into different time periods, from which my gradual understanding and development can be seen. **These journals were written at the time.**

**Targeted Learning Outcomes: To show perseverance and commitment in my activities**

### August 2010 to February 2011:

For 6 months my class and I have been going to a destitute centre named AARAMBH. This centre is funded by the United Nations and is home to about 15 children. I believe in equality, in a developing country it is hard for any government to raise money for good education.

These children go to government schools. And the education level at government schools is low. My friends and I decided to go and teach them. Or shall I say educate them. Not just academically but even the traits of life. I chose one out



of the fifteen, gave him personal attention. His name is Deepak. And for a child who has poor education he learns very fast. For the last 6 months we have been going to AARAMBH and mentoring these children on each Saturday. The effort that I put into this has paid off. Deepak can do basic math, enough that he won't get cheated. He can speak basic English and can pronounce words by looking at their spelling. He knows the days and months. I even taught him the rules of cricket and tennis. I am quite impressed by his grasping power. What I learnt from him was even greater. This whole AARAMBH experience made me **appreciate what all I have; now I respect my position and possessions more than ever. Also I now know the importance of being patient as a teacher.** I am moving on from this activity to other activities in service to learn other skills.

### February 2011-April 2011:

#### **Proposal: Short Time Activity: Blind School**

We visited a blind school. First I wasn't sure if I would be comfortable talking to them. Would I break down? I wasn't as bad as I feared when I went there. I was feeling sad for them but their spirit and thirst of knowledge turned that sadness into appreciation. We gave them company. Even they loved talking to us. They taught me the **value of life** and that **god has given us so many gifts**, we should be **grateful for them instead of taking them for granted.**

#### **Proposal: Food Making and Distribution: Long term**

All of us brought certain ingredients and we cooked up poha and distributed it to the poor. The experience was very touching. I witnessed that not everybody is as fortunate as me. But serving them the food gave me a feeling of **satisfaction**, that I'd never felt before. In the process I learnt **how to make poha!**

We continued this with other items such as sandwiches and Bhajiyas; Here is an account of the sandwich making:

My friends and I prepared grilled sandwiches and distributed them





among the poor. We started off by chopping the vegetables. I sliced the tomatoes and the cucumbers.

I helped in buttering the bread. Our sandwich maker wasn't working, so I went to my house and got mine. By the time I arrived we were putting the ingredients together. I started grilling the sandwiches while my friends went for lunch. I grilled approximately 30 sandwiches. I learnt that I have an interest in cooking! I would like to develop my culinary skills. I did not go to distribute the sandwiches, but my friends said they were very pleased. The feeling of feeding someone is not replicable. **I've learnt that it is essential to give back to the society you live in. I want to be an economist/politician and I now understand why it is important for there to be equality in society**

### **Proposal: August 2011-September2011:**

#### **Old Age home, meeting and giving company to the elderly: Long Term Activity**

Here is an account of our first meeting

The visit to the old age home was something that I wouldn't have done if I weren't a part of the IB CAS programme. I wasn't sure how I would communicate with them, I was kind of worried if we will have common topic to talk about. But when we were there it just flowed. We loved to hear their old stories. I was particularly interested in, how India was in their time. Their tales really gave me



knowledge. When I thought about it they were really not much different from us children. Always laughing and smiling, teasing each other. Most of them were very spiritual and prayed a lot. All they really wanted was someone to give them company and I think they liked us coming there too...

The second time we went we were much friendlier with the elders as we knew them and they us. We engaged them in games such as carom and chess. Most of all we all had a good time. I felt I learnt a lot from them, after all wisdom only comes with experience. A

story of them really left me thinking about making rational decisions. I also understood what people meant by, **‘the satisfaction you get when you selflessly help someone’**.

## CAS TRIPS

**Targeted Learning Outcomes: undertake new challenges**

Trip to Rishikesh-Haridwar-Delhi

This CAS trip was full of adventure and excitement. I did things that I would not have done in my most absurd dreams. This trip has taught me various skills. It has made me more responsible. The most thrilling thing about this trip for me was that I had a near death experience. This overshadows me overcoming my fear of heights, even though that was a feat for me too.

Day one

Our train from Indore to Haridwar was to leave at 3 in the afternoon. All of us were set for a long journey mentally and physically. The first thing I learnt was how to find your seat on the train. There is a paper stuck on the bogey which has our names and our seat numbers. The station is always crowded and luggage is prone to theft, I always had my eye on my bag. I boarded the train and chained my bags under my seat, after all safety is necessary. Our journey was long. We mostly just talked and enjoyed the beautiful scenery from the window. I knew we would get bored so I brought a pack of UNO cards with me. We played for quite a while and enjoyed too. We sang songs and enjoyed playing charades.

While I was sitting in the train I observed something. It was how efficiently the berths were placed. One compartment had 8 berths and it wasn't congested. There was space to walk comfortably. Next to my seat was a couple with a baby. They were very friendly and helped us out. The train was out of food so they got us food from their town. It was night before we knew it, however none of us could sleep. We all sat together and talked until our eyes shut by themselves.

Day two

It was another day in the train. I woke up early and got ready. I stood near the train's door and felt the morning breeze hit me. I could see small children waving to me. That

moment was precious. Well the second day's afternoon was a replica of the first, we talked and played UNO. Our tiring train journey ended in the evening just before sunset. We walked to our car. We were meant to stay the night in Haridwar but there was a change in plans, instead we went to our camp site. It was a long drive. On our way out of Haridwar we saw the holy river Ganges or in Hindi we call her "Ganga". I am a Hindu and the feeling that arouse in my body at first sight of the river cannot be explained by language. Guess this is the biggest drawback of language (TOK). The road from Haridwar to our camp in Shimpuri was up a mountain. The roads were curly and I get sick in a long car drive. We reached our camp site we had to climb this hill to get to our camps. Even though I was tired I got the strength to take my luggage to the top. It was night and I couldn't see how high we were, maybe that is why I was able to do so. We were welcomed with drinks and were shown our tents. They were gorgeous. And the scene we had from our tent was just amazing. We freshened up and had snacks. We had a pool on site. I was tempted to go seeing my friends but I knew I would fall ill so I took the right decision and danced instead. I'll have to say our DJ had a bad song choice. We were exhausted and got to bed after that.



#### Day three

This was our first morning in camp. I was super excited about our morning activity. We had breakfast and warmed up by playing beach volleyball (not that anyone knew how to play properly). The first shock that I had was the climb down the cliff. I'm scared of



heights and when stepped on the pathway my heart started beating faster. I was wondering how I climbed up. I held my nerve and clawed my way down. We drove to our rafting sight.

The white sand beach, the big blue raft, the yellow paddles, the black helmets, the huge waves and the cold water, this experience could not have been replaced with everything. We were briefed about the parts and how to paddle. And off we went. At first we weren't paddling together, we lacked coordination, but soon we got used to it. We had two instructors with us, Teku and Deepak. They told us about the basic commands. There were 4 commands of which 3 applied to me. The first was 'row forward'; second 'row backward', and third 'stop'. There is no need to explain. The fourth is 'go high side' which applied to non rowers they had to go to the front of the raft and hold the rope. We covered a distance of twenty seven kilometres but it felt like two. The names of the rapids were weird but creative and even related to the type of rapid. The first rapid was called 'good morning' it even makes sense because it was the first one. There was one called 'the blind mice' it was in three parts. My favourite was 'the golf course' it was the longest and the strongest our raft nearly turned over.

We were allowed to jump into the water when it was still. I did twice. The second time I nearly floated away but then caught the raft's rope. The water was freezing cold. We stopped near a cliff. This is where I overcame my fear of heights. A cliff over 3 stories high was standing right of me. I climbed up the rock to get to the cliff. Two of my friends jumped before me. It was my turn, I looked down and rethought my choice. I knew if I didn't jump now I would never conquer my fear of heights. I jumped. For two seconds I felt as if I was flying then I hit the water. Some went up my nose. I swam to my raft. I couldn't believe I did that. We rafted our way to our beach end point. We had to climb another mile up to the road. We had juice and biscuits while we waited for our car.

We made our way back to camp and everybody was exhausted. I showered and lied down. I wasn't sure if I could make it to night trekking. I needed a rest so I went to sleep for an hour. I woke up and we ate food and danced for a bit. Then we went for our night trekking. We had to climb down a mountain, in the dark. The path was not straight down we had to go around in circles. I am scared of heights so I was slowing the group down a bit. Halfway down I did not see the narrow part of the path. My foot went into the cliff. I slipped and I was hanging on to the cliff just by my bare palms. This was my near death experience. I have to thank my friend Aditya for saving me. He pulled me up and we were back on track. We reached the bottom. There was a little stream which we crossed to get to our car. We got back to camp and everybody went to sleep.

Day four

This was our last day in camp. In the morning we went for rock climbing. I couldn't do it because my shoes got wet while I was rafting. I watched all my friends go up and down and took their photos. That was all I could do. It was a hot day, we went to camp and packed our bags. Our next stop was Haridwar. we had a four hour journey to Haridwar. We checked into our hotel. Haridwar is a holy city. The Ganges pass through Haridwar and it is famous for that.

We went to the 'ghat'(a place where the river is accessible) called har-ki-paudi. I let my diya (candle in a cup) go in the river and I saw it float away. That is a sign of respect towards the river. I felt as if I was blessed to be able to do that. We had a taste of the local cuisine and returned to the hotel. We enjoyed our night by watching the cricket match, after all we are Indians. I made sure I set up an alarm to wake up for the next day. We had an early train.



#### Day five

I woke up early and got ready. Our train to Delhi was to depart at 6 in the morning. We left Haridwar and slept in the train. We reached Delhi at noon. Delhi is the capital of India and recently held the Commonwealth Games which were spectacular. We had planned to go to Connaught Place. Its the shopping centre of Delhi. I was feeling very 'Indian' being in Delhi. And I ended up buying an India cricket jersey from Nike. Delhi is where I learnt the most. Delhi's famous market 'Palika Baazar' is right under Connaught Place. So a friend of mine and I decided to go there. We knew that every item is priced five times of its real price. So we knew we had to bargain. This market is huge and the bargaining done on items is even huger. I had to be street smart. The first thing i learnt is never to show interest in something you are interested in. I was amazed that the last deal that I made I was able to bring down an unauthentic Ferrari perfume from



Rs1900 to Rs200. It is when you walk away from a shop that the seller brings his price down. It was a good learning experience.

Close by was the 'India Gate' It was amazing. A giant gate with the names of soldiers who died during battle carved on it. And the 'India' written on the top is beautiful. We had a nice photo session there. We were getting late so we decided to have food at the station. So we got to the station, had food and boarded the train. The last thing I learnt on the trip was how to find the coach you are in. After inquiring I found out the coach number is written on the top of the train and on the digital panels on the roof of the station. Our trip was virtually over. Our train left at ten pm.

Day six

Our last day on the trip was only on the train. It was a night train so we slept. We reached Indore at half past twelve in the afternoon. My friend dropped me home and that was the end of an amazing trip.

**Learning Outcomes:** This trip taught me many skills that would help me in tackling the real world. I understood how the train systems work and how to keep your baggage safe. On the other hand I also learnt how to be a 'risk taker' I did so many activities that I wouldn't do in my worst nightmare. There were so many problems we faced but we just had to be creative and work together to solve those problems!

### **Flame of the Forest**

The trip certainly did do justice to the name of the camp. The raw power that the students bear was put to test. After a Tiring and bumpy! Road journey we entered the camp. The guide tried to do a practical joke on us, he showed us a really shabby spot with ants and told us we had to make camp there. What he did not know was that we are IB CAS students, we were ready and already thinking of how to set up camp, so the joke backfired on him. On the first day we became 'treasure hunters' or you can say flag hunters. Team 1 (my team) were no.1 in drifting the boat, I never knew how hard rowing can be. Especially directing the boat, we had to work as a team and I became the instructor judging the direction and sharing with everyone how to row, sadly we came second.





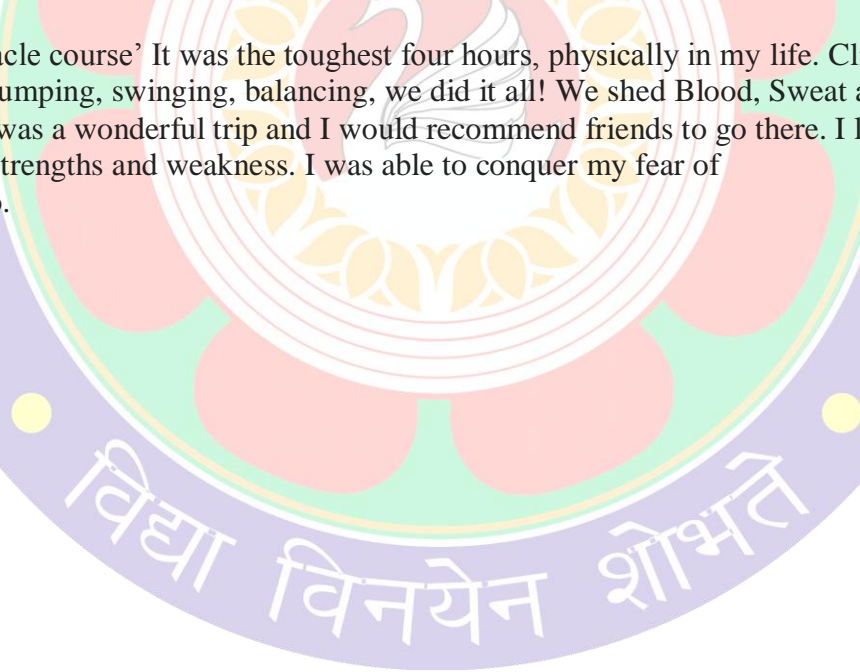
Secondly came the mind games. I guess I never swore at a ball more than I did then. However while playing I came to understand that instead of swearing it is more important to be patient and coordinate with your team members. After that came the riddle of the murder. I solved it but It didn't match what the book said so we lost, I thought the real answer was disappointing though. After all of that hard work when were thinking we could rest , we went for night trekking. Abir really fancied that part of the trip as he got his wildlife photographs. I was seriously tired. The next day we rappelled down the mountain, this was something I did for the first time as I missed out on doing it at Delhi, it was very scary, however I did it and am very proud. All of us were all sweaty so we all jumped into the lake which was just refreshing!. After that we went and jumped off a

mountain. Not really but we did something that took the same amount of courage.





‘The Obstacle course’ It was the toughest four hours, physically in my life. Climbing crawling, jumping, swinging, balancing, we did it all! We shed Blood, Sweat and Tears! Afterall it was a wonderful trip and I would recommend friends to go there. I learnt a lot about my strengths and weakness. I was able to conquer my fear of heights too.





**Student name: Hemant Pankaj Pandit**

### **Project Requirements**

- You must have your project approved **BEFORE** you begin your project.
- You must complete a **minimum** of 75- hours.
- The project must take place over an extended period of time – **no less than 4 weeks**.
- The project must incorporate at least two of **CREATIVITY, ACTION, and SERVICE**.
- During the project you must **work collaboratively with others** and **plan an initiate** some of the activities in your project.
- You must have a **supervisor sign this packet** to verify completion of the project. The supervisor may not be a relative.
- You must keep a **time log** for project hours.
- You must include **photos of you and your project**.
- You must complete a **reflective essay about your project experience**.

### **PROJECT PROPOSAL**

Organization/Location of this Project: Choithram International School, Auditorium.

Proposed dates for this Project: July 8 –September 8 2011

Description of this project: What benefits will you gain from this experience?

What learning outcomes do you expect to obtain?

**Learn how to plan and initiate activities, work collaboratively with others and engaged with issues of global importance.**

Out of all the activities that we brainstorm to execute, I propose to take care of Awards, Compering, Vote of thanks and the welcome speech. By taking so many tasks in hand I believe the first thing that I will learn is multitasking. I wish to learn how to balance my time and concentrate on all my tasks. I wish to develop my design and creativity when it comes to the awards. I have also chosen to be the anchor of the event on the day. This will help me with my presentation skills

and the thank you and welcome speech would be a privilege. Most importantly to instead of just talking about literacy, I propose to teach (school maid and peons children) and equip them with 21<sup>st</sup> century tools.

(Print) Supervisor's name Garima Tiwari

Supervisor Contact Number 9589090907 Date: 8 July

## Reflection

### Literacy Day

On literacy day the diploma program organized a grand function in which various activities were organized and executed. But before I come to the event itself, there were hours and hours of work involved in making the day.

I was involved in Awards, Compering and The vote of thanks.

A skit competition was proposed about 21<sup>st</sup> century literacy, and I was confused how to make the awards special. Instead of a medal or a trophy I wanted to do something different, something more appropriate to the occasion. I thought of various things such as pens, or pencils as they represent literacy. But then I finalized on a book, The big book of knowledge. I felt that there was nothing that could be better. I thought that since I wanted to give everyone a token of participation and as awards for the slogan and caricature, bookmarks made by the students of DP would be great. The bookmarks were really beautiful and our effort could be seen! Our aim was to equip and make people aware of the 21<sup>st</sup> century literacy and tools. So we decided to teach the school maids and peons children and equip them with the 21<sup>st</sup> century tools of communication and computer literacy.

### Spreading knowledge, 21<sup>st</sup> century literacy! (July-October)

There is no greater service than that done at home. Well not literally home, but in this case school. In our school there are several maids and peons who cannot afford private education for their children. Our class thought as a part of the literacy CAS project we should teach the children of the school maids and peons. We were all allotted buddies and I must say I was lucky to have Ritik as mine.

Instead of teaching him the things that are taught at school, I planned out a curriculum which was based on things that are not taught at school. For example, Pronunciation.

I taught him how the pronunciation of different words can differ in different situations and what syllables are.

I am happy with the progress he has made and take pride in saying that I played a major role in eradicating his lisp. I wanted him to be able to tackle the 21<sup>st</sup> century, with all the resources available to him. Thus communication and computer literacy was my main

focus. I was so impressed with his enthusiasm that I kept teaching him till October! Even though the project was over in September.



The teaching that I and my class did was inspirational to all who were present at the literacy day event, and was commendable.

The welcome speech had to be perfect, I had to make it relevant to 21<sup>st</sup> century literacy; I used internet resources to get my information. Here is my speech:

Good Morning and welcome to all Parents Teachers and Students

To start with I'd like to wish you all a happy Literacy Day! Just to tell you September 8 was proclaimed **International Literacy Day** by UNESCO on November 17, 1965. It was first celebrated in 1966. Its aim is to highlight the importance of literacy to individuals, communities and societies. On International Literacy Day each year, UNESCO reminds the international community of the status of literacy and adult learning globally. Celebrations take place around the world.

Now that you have a background about Literacy day I want to make you familiar with the topic our program is





about: 21<sup>st</sup> century literacy. 21<sup>st</sup> century literacy comprises of all those skills that makes a person more resourceful



Four very important competences that represent 21<sup>st</sup> century literacy are:

- **technological competence:** the ability to use new media (for example, the Internet) in order to get information and communicate with others
- **information competence:** the ability to collect information by all possible means, to organize data, to select whether information is relevant or trustworthy and to process it in order to acquire a qualified opinion on a broad level
- **creative competence:** the ability to produce and offer information with the help of the media
- **social competence:** the ability to realize the social consequences of the new media and to develop the appropriate responsibility

Now please welcome the contestants of our first skit , from DP 2 ! Hope they will enlighten u with their views about 21century literacy.



The skit was about eating behavior- I played a minor role in it as a guest.

The event was great and I feel I played an important role of keeping the group together. I helped in the bookmark making and even the caricature competition.

Everyone appreciated the awards and they thought it was very appropriate to the event.

I felt I learnt everything I wanted too, especially time management, it was harder than I expected, taking care of various things at one time. I also developed my creativity skills!

At the end I extended my heartfelt gratitude to all those who made the event happen! A lot of hard work went into making it successful.



# IB Extended Project –TIME LOG

DATE	TIME IN	TIME OUT	# HOURS
8/07/2011	3:30 pm	4:30 pm	1
9/07/2011	10:00 am	12:00pm	2
11/07/2011	3:30 pm	4:30 pm	1
12/07/2011	3:30 pm	4:30 pm	1
13/07/2011	3:30 pm	4:30 pm	1
14/07/2011	3:30 pm	4:30 pm	1
15/07/2011	3:30 pm	4:30 pm	1
16/7/2011	10:00 am	01:00pm	3
18/07/2011	3:30 pm	4:30 pm	1
19/07/2011	3:30 pm	4:30 pm	1
20/07/2011	3:30 pm	5:30 pm	2
21/07/2011	3:30 pm	4:30 pm	1
22/07/2011	3:30 pm	4:30 pm	1
23/07/2011	10:00 am	01:00pm	3
25/07/2011	3:30 pm	4:30 pm	1
26/07/2011	3:30 pm	5:30 pm	2
27/07/2011	3:30 pm	4:30 pm	1
28/07/2011	3:30 pm	4:30 pm	1
29/07/2011	3:30 pm	4:30 pm	1
30/07/2011	10:00 am	12:00pm	2
1/08/2011	3:30 pm	5:30 pm	2
2/08/2011	3:30 pm	4:30 pm	1
3/08/2011	3:30 pm	5:30 pm	2

DATE	TIME IN	TIME OUT	# HOURS
9/08/2011	3:30 pm	4:30 pm	1
10/08/2011	3:30 pm	4:30 pm	1
11/08/2011	3:30 pm	4:30 pm	1
12/08/2011	3:30 pm	4:30 pm	1
13/08/2011	10:00 am	12:00pm	2
15/08/2011	3:30 pm	4:30 pm	1
16/08/2011	3:30 pm	4:30 pm	1
17/08/2011	3:30 pm	4:30 pm	1
18/08/2011	3:30 pm	4:30 pm	1
19/08/2011	3:30 pm	4:30 pm	1
20/08/2011	10:00 am	12:00pm	2
22/08/2011	3:30 pm	4:30 pm	1
23/08/2011	3:30 pm	4:30 pm	1
24/08/2011	3:30 pm	4:30 pm	1
25/08/2011	3:30 pm	4:30 pm	1
26/08/2011	3:30 pm	4:30 pm	1
27/08/2011	10:00 am	01:00pm	3
29/08/2011	3:30 pm	4:30 pm	1
30/08/2011	3:30 pm	5:30 pm	2
31/08/2011	3:30 pm	4:30 pm	1
01/08/2011	3:30 pm	4:30 pm	1
02/08/2011	3:30 pm	4:30 pm	1
03/08/2011	10:00 am	01:00pm	3

4/08/2011	3:30 pm	4:30 pm	1
5/08/2011	3:30 pm	4:30 pm	1
6/08/2011	10:00 am	12:00pm	2
8/08/2011	3:30 pm	4:30 pm	1
TOTAL			37

05/09/2011	3:30 pm	4:30 pm	1
06/09/2011	3:30 pm	4:30 pm	1
07/09/2011	3:30 pm	5:30 pm	2
08/09/2011	3:30 pm	4:30 pm	4
TOTAL			38

Total Number of Hours: 75







**IB  
CAS****INTERNATIONAL BACCALAUREATE  
CAS ACTIVITY EVALUATION FORM  
(for Class of 2010 and thereafter)**

Complete a copy of this form for each CAS Activity. Attach REFLECTION STATEMENT describing the activity and how you accomplished the learning outcomes.

Print Student Name: PANDIT, HEMANT PANKAJ Class of 20 12

Name of Activity: ACTION: TENNIS

Name of Organization: CHOITRAM INTERNATIONAL

Date(s) of Activity: AUGUST 2010 - DECEMBER 2011 Approximate # of Hours: 70

Length of Activity (weeks / days): once a week for 2 hours.

This Activity is (check all that apply): Creative: ☐ Action: ☒ Service: ☐

Indicate which of the LEARNING OUTCOMES you feel are achieved with this activity:

☐ (1) Increased my awareness of my own strengths and areas of growth.

☒ (2) Undertaken new challenges.

☐ (3) Planned and initiated activities.

☒ (4) Worked collaboratively with others.

☒ (5) Shown perseverance and commitment in this activity

☐ (6) Engaged with issues of global importance.

☐ (7) Considered the ethical implications of my actions.

☒ (8) Developed new skills.

Pandit  
Student's Signature

04.02.12  
Date





**INTERNATIONAL BACCALAUREATE  
CAS ACTIVITY EVALUATION FORM**  
(for Class of 2010 and thereafter)

Print Student Name: PANDIT, HEMANT PANKAJ Class of 20 12

Name of Activity: ACTION: TENNIS

Date(s) of Activity: AUGUST 2010 - DECEMBER 2012 2011

**ACTIVITY SUPERVISOR EVALUATION**

Thank you for your leadership of this activity. Please rate the volunteer's performance using an X under the appropriate level.

CRITERIA	OUTSTANDING	GOOD	AVERAGE	BELOW AVERAGE	NOT OBSERVED
Attendance, Punctuality and time spent on the activity.			✓		
Evidence of initiative, planning, organization.		✓			
Amount of effort and commitment to the activity.	✓				
Personal achievement and development, taking into account the student's skills/attitudes at the start of the activity.		✓			

Comments: Hemant shows great interest in the game, his grasping power and understanding of the game is high, Its a shame he cannot do this fulltime.

SUMEET DUBE

(Print) Supervisor's Name

+91-98270 33788

Phone #

04.02.12

Supervisor's Signature

Date

Revised: April 2008

**IB  
CAS**

**INTERNATIONAL BACCALAUREATE  
CAS ACTIVITY EVALUATION FORM**  
(for Class of 2010 and thereafter)

Complete a copy of this form for each CAS Activity. Attach REFLECTION STATEMENT describing the activity and how you accomplished the learning outcomes.

Print Student Name: PANDIT, HEMANT PANKAJ Class of 20 12

Name of Activity: CREATIVITY : GUITAR

Name of Organization: CHOITHRAM INTERNATIONAL

Date(s) of Activity: AUGUST 2010 - DECEMBER 2011 Approximate # of Hours: 65

Length of Activity (weeks / days): 1 hr a week for 3 hours + home practice

This Activity is (check all that apply): Creative: ☒ Action: ☐ Service: ☐

Indicate which of the LEARNING OUTCOMES you feel are achieved with this activity:

☒ (1) Increased my awareness of my own strengths and areas of growth.

☒ (2) Undertaken new challenges.

☒ (3) Planned and initiated activities.

☒ (4) Worked collaboratively with others.

☒ (5) Shown perseverance and commitment in this activity

☐ (6) Engaged with issues of global importance.

☐ (7) Considered the ethical implications of my actions.

☒ (8) Developed new skills.

Pandit  
Student's Signature

04.02.12  
Date

Revised: April 2008

**IB  
CAS**

**INTERNATIONAL BACCALAUREATE  
CAS ACTIVITY EVALUATION FORM**  
(for Class of 2010 and thereafter)

Print Student Name: HEMANT PANKAJ, PANDIT Class of 20 12

Name of Activity: CREATIVITY : GUITAR

Date(s) of Activity: AUGUST 2010 - DECEMBER 2011

**ACTIVITY SUPERVISOR EVALUATION**

Thank you for your leadership of this activity. Please rate the volunteer's performance using an X under the appropriate level.

CRITERIA	OUTSTANDING	GOOD	AVERAGE	BELOW AVERAGE	NOT OBSERVED
Attendance, Punctuality and time spent on the activity.	✓				
Evidence of initiative, planning, organization.	✓				
Amount of effort and commitment to the activity.	✓				
Personal achievement and development, taking into account the student's skills/attitudes at the start of the activity.	✓				

Comments: Hemant is a guitar learner and he is  
fully devoted to music. He is an able student  
we hope his future is bright in the field.

RAVI SINGH TIMANEY +91-9926918343  
(Print) Supervisor's Name Phone #

[Signature] 04.02.12  
Supervisor's Signature Date

Revised: April 2008



**IB  
CAS**

**INTERNATIONAL BACCALAUREATE  
CAS ACTIVITY EVALUATION FORM**  
(for Class of 2010 and thereafter)

Complete a copy of this form for each CAS Activity. Attach REFLECTION STATEMENT describing the activity and how you accomplished the learning outcomes.

Print Student Name: PANDIT, HEMANT PANKAJ Class of 20 12

Name of Activity: SERVICE: AARAMBH, FOOD DISTRIBUTION, BUDDY READING.

Name of Organization: LHOITHRAM INTERNATIONAL, AARAMBH.

Date(s) of Activity: AUGUST 2010 - DECEMBER 2012 Approximate # of Hours: 65

Length of Activity (weeks / days): Every Saturday. 2-3 hours.

This Activity is (check all that apply): Creative: ☐ Action: ☐ Service: ☒

Indicate which of the LEARNING OUTCOMES you feel are achieved with this activity:

- ☒ (1) Increased my awareness of my own strengths and areas of growth.
- ☐ (2) Undertaken new challenges.
- ☒ (3) Planned and initiated activities.
- ☒ (4) Worked collaboratively with others.
- ☒ (5) Shown perseverance and commitment in this activity
- ☒ (6) Engaged with issues of global importance.
- ☒ (7) Considered the ethical implications of my actions.
- ☐ (8) Developed new skills.

H Pandit  
Student's Signature

04.02.12  
Date

Revised: April 2008

# IB CAS

## INTERNATIONAL BACCALAUREATE CAS ACTIVITY EVALUATION FORM (for Class of 2010 and thereafter)

Print Student Name: PANDIT, HEMANT PANKAJ Class of 20 12

Name of Activity: SERVICE: AARAMBH, FOOD DISTRIBUTION, BUDDY READING

Date(s) of Activity: AUGUST 2010 - DECEMBER 2011

### ACTIVITY SUPERVISOR EVALUATION

Thank you for your leadership of this activity. Please rate the volunteer's performance using an X under the appropriate level.

CRITERIA	OUTSTANDING	GOOD	AVERAGE	BELOW AVERAGE	NOT OBSERVED
Attendance, Punctuality and time spent on the activity.		✓			
Evidence of initiative, planning, organization.		✓			
Amount of effort and commitment to the activity.		✓			
Personal achievement and development, taking into account the student's skills/attitudes at the start of the activity.	✓				

Comments: He is very active in planning and initiating activities. He is very creative in teaching skills.

GARIMA TIWARI  
(Print) Supervisor's Name

9589090907  
Phone #

[Signature]  
Supervisor's Signature

27/01/2012  
Date

Revised: April 2008